

*Curriculum Vita***Erin C. Hastings****Formerly: Catherine Louise Hastings***Personal*

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Citizenship: USA

*Education*

Expected 2011	Ph.D. in Developmental Psychology Graduate Certificate in Gerontology Graduate Certificate in Social Science Methodology Mentor: Dr. Robin West Research: Older adults and memory training, goals, and self-efficacy	University of Florida
2004- 2006	M.A. in Applied Developmental Psychology Mentor: Dr. Elyse Lehman Research: Parent and teacher beliefs about attention, learning goal orientation	George Mason University
2001- 2002	M.Ed. in Elementary Education Research: Reading strategies used by effective first-grade readers	Marymount University
1996-2000	B.A. in Psychology Minor in History	University of Virginia

*Research Interests/Teaching Interests*

- Cognitive Development and Aging
- Lifespan Development
- Everyday Memory
- Educational Psychology
- Cognitive Interventions
- Self-Efficacy, Goals, and Motivation

*Manuscripts*

- Berry, J.M., Hastings, E.C., West, R.L., Lee, C., & Cavanaugh, J.C. (2010) Memory Aging: Deficits, Beliefs, and Interventions. In J.C. Cavanaugh & C.K. Cavanaugh, Eds., *Aging in America, Volume 1: Psychological Aspects of Aging* (pp. 255-299). Santa Barbara, CA: Praeger Press.
- Hastings, E.C. & West, R.L. (2009). The relative success of a self-help and group-based memory training program for older adults. *Psychology and Aging*, 24, 586-594.
- Hastings, E.C., Karas, T.L., Winsler, A., Way, E., Madigan, A., & Tyler, S. (2009). Young children's video game use: Relations with school performance and behavior. *Issues in Mental Health Nursing*, 30, 638-649.

### ***Manuscripts in Preparation or Under Review***

Hastings, E.C. & West, R.L. (under review). Goal orientation and self-efficacy in relation to memory in adulthood.

West, R. L. & Hastings, E.C. (under revision for resubmission). Self-regulation and story recall: Growth curve modeling of intervention outcomes for older adults.

### ***Academic Presentations***

Dark-Freudeman, A., West, R.L., & Hastings, E.C. (2010). *Possible selves and competence in relation to cognition*. Poster presented at the Cognitive Aging Conference.

Hastings, E.C., West, R.L., & Stone, K.R. (2010). *Methodology: Scoring Story Recall Protocols Using Text Analysis Software*. Poster presented at the Cognitive Aging Conference.

Hastings, E.C., West, R.L., & Stone, K.R. (2010). *Relationships between Achievement Goals, Memory Self-Efficacy, and Word Recall in Adults*. Poster presented at the Cognitive Aging Conference.

Hastings, E.C., West, R.L., & Bagwell, D.K. (2009). *Predicting Training-Related Improvements in Story Recall*. Poster presented at the conference of the American Psychological Association.

Dark-Freudeman, A., West, R.L., & Hastings, E. (2008). *Health self-regulatory beliefs across the lifespan*. Poster presented at the conference of the Gerontological Society of America.

West, R.L., Bagwell, D. K., Dark-Freudeman, A., & Hastings, E. (2008). *Memory, strategy, and self-efficacy gains for active versus inactive trainees*. Paper presented at the conference of the American Psychological Association.

West, R.L., Hastings, E., & Dark-Freudeman, A. (2008). *Methodology: Reliability, validity, and alternate forms of the Brandeis Test of Adult Cognition by Telephone – BTACT*. Poster presented at the Cognitive Aging Conference.

Dark-Freudeman, A., West, R.L., Hastings, E., Palta, P. (2008). *Predictors of cognitive performance: Self-perceived competence, health and well-being*. Poster presented at the Cognitive Aging Conference.

Hastings, C.L. & West, R.L. (2007). *The relative success of a self-help and group-based memory training program*. Poster presented at the conference of the Gerontological Society of America.

Lehman, E.B., Herold, J.E., Hastings, C.L., & Olson, V.A. (2007). *Teacher beliefs about the development of attention*. Poster presented at the conference of the Society for Research in Child Development.

Delitta, D., Olson, V.A., Herold, J.E., Anderson, C., Hastings, C.L., & Lehman, E.B. (2006). *Parental beliefs about the development of attention*. Poster presented at the Conference on Human Development.

### ***Awards/Honors/Grants***

2010 Gerber Developmental Research Award, \$1000

2009-2011 T32 Aging Training Fellowship (*Grant T32AG020499, "Physical, Cognitive and Mental Health in Social Context", an institutional Kirchstein National Research Service Award training grant funded by the National Institute on Aging to the University of Florida, Principal Investigator: Michael Marsiske*)

- 2009 APA Dissertation Research Award (*The Achievement Goal Framework and Learning in Adulthood*), \$1000
- 2009 APA Division 20 Student Award for Completed Research (*The relative success of a self-help and group-based memory training program*), \$1000
- 2009 Leighton E. Cluff Award for Aging Research (*The relative success of a self-help and group-based memory training program*), \$1000
- 2007-present Pre-doctoral Aging Training Program Trainee (Network for Biobehavioral and Social Research and Training in Aging), University of Florida
- 2006 Grinter Fellowship, University of Florida
- 2003 Outstanding First Year Teacher Award Nominee, Fairfax County Public Schools

### ***Research Experience***

- 2006-present Graduate Research Assistant- University of Florida Dr. Robin West  
*Achievement goals and learning in adulthood*  
*Self-help and group-based memory training*  
*Welch's immune and cognition study*
- 2008-2009 Research Assistant- University of Florida Dr. Keith Berg  
*Working memory strategy training*
- 2005- 2006 Research Assistant -George Mason University Dr. Elyse Lehman  
*Parent and teacher beliefs about attention*

### ***Teaching Experience***

- 2009 Instructor University of Florida  
*Psychology of Aging*
- 2008, 2009 Teaching Assistant Dr. Jeff Farrar, University of Florida  
*Developmental Psychology*
- 2007 Teaching Assistant Dr. Scott Miller, University of Florida  
*Developmental Psychology Research Methods*
- 2006 Teaching Assistant Dr. Lauren Fasig, University of Florida  
*Developmental Psychology*
- 2005-2006 Tutor Natalie Slobodin & Associates  
*English as a Second Language*
- 2001-2005 Teacher Fairfax County Public Schools  
*Grade 5*  
*Science Lead Teacher*  
*Multi-age Grades 1/2*
- 1999-2004 Teacher The Langley School  
*Summer Studio, Grades 2 and 3*

### ***Professional Memberships and Service***

Fall 2009	Student Organizer	Pre-doctoral Aging Training Program, University of Florida
2008-present	Member	Delta Epsilon Iota Academic Honor Society
2007-2009	Student Member Student Reviewer	Association for Psychological Science
2007-present	Student Representative	Graduate Student Council University Library Committee
2007-present	Student Member Student Reviewer	Gerontological Society of America
2006-2006	Program Assistant (Practicum)	Alzheimer's Association National Capital Area Chapter
2005-2006	Elder Care Volunteer	Goodwin House Continuing Care Facility Bailey's Crossroads, VA
2005-present	Student Member	American Psychological Association (Division 20)
2005-2007	Student Member	Cognitive Development Society
2005-2007	Student Member	Eastern Psychological Association
2005-2006	Member	DBSPO (Developmental, Biological, and School Psychology Organization) George Mason University Student Organization

### ***Certifications***

2009	HIPAA Training: "Research and Information Privacy at the University of Florida"
2010	NIH Ethics Training: "Protecting Human Research Participants"

***References Available Upon Request***