

---

## Mike C. Parent

---

Department of Psychology, Counseling Psychology Program  
Box 112250, University of Florida, Gainesville, Florida 32611  
Phone: (352) 642-2404 Email: michael.parent@ufl.edu

### EDUCATIONAL HISTORY:

- Ph.D. University of Florida, Counseling Psychology, anticipated Spring 2013  
M.S. University of Florida, Counseling Psychology, August 2009  
B.A. University of Manitoba, Psychology, May 2007

### RESEARCH INTERESTS:

Intersections of gender, sexuality, and health behaviors  
Research design, methodology, and statistical analysis

### PUBLICATIONS:

- Parent, M. C. (in press). Clinical considerations in etiology, assessment, and treatment of men's muscularity-focused body image disturbance. *Psychology of Men & Masculinity*.
- Parent, M. C., & Moradi, B. (in press). An abbreviated tool for assessing feminine norm conformity: Psychometric properties of the Conformity of Feminine Norms Inventory-45. *Psychological Assessment*.
- Parent, M. C., Moradi, B., Rummell, C., M., & Tokar, D. T. (in press). Construct distinctiveness for conformity to masculine norms. *Psychology of Men & Masculinity*.
- Parent, M. C., & Moradi, B. (in press). An abbreviated tool for assessing conformity to masculine norms: Psychometric properties of the Conformity to Masculine Norms Inventory-46. *Psychology of Men & Masculinity*.
- Moradi, B., & Parent, M. (in press). Assessment of gender-related traits, attitudes, roles, identity, and experiences. In K. F. Geisinger (Ed.) *Handbook of Testing and Assessment in Psychology*.
- Parent, M. C., & Moradi, B. (2011). His biceps become him: An application of objectification theory to understanding drive for muscularity and propensity for steroid use in college men. *Journal of Counseling Psychology*, 58, 246-256.
- Parent, M. C., & Williamson, J. B. (2010) Program disparities in unmatched internship applicants. *Training and Education in Professional Psychology*, 4, 116-120.
- Parent, M. C., & Moradi, B. (2010). Confirmatory factor analysis of the Conformity to Feminine Norms Inventory and development of the CFNI-45. *Psychology of Women Quarterly*, 34, 97-109.
- Parent, M. C., & Moradi, B. (2009). Confirmatory factor analysis of the Conformity to Masculine Norms Inventory and development of the CMNI-46. *Psychology of Men & Masculinity*, 10, 175-189.

### PRESENTATIONS:

#### **National & International**

- Michael, M.\*\*, Parent, M. C., & Moradi, B. (2011, August). Does exposure to muscularity-focused images have self-objectification consequences for heterosexual and sexual minority men? Poster presentation at the annual meeting of the American Psychological Association, Washington, DC.

- Parent, M. C., Kovacs, C. E.\*\*, & Parkman, T. J.\*\* (2011, May). *Program disparities in unmatched internship applicants: Pre-training and post-training variables*. Poster presentation at the annual meeting of the Association for Psychological Science, Washington, DC.
- Parent, M. C. (2010, August). *Publishing LGBT research in non-LGBT-focused outlets*. In M. C. Parent (Chair), *Publishing LGBT Research II*. Symposium at the annual meeting of the American Psychological Association, San Diego, California.
- Parent, M. C. (2010, August). *Anabolic-androgenic steroid use among heterosexual and sexual minority men*. In M. D. Vaughan (Chair), *Predictors of Substance Use and Abuse in LGBTQ Populations*. Symposium at the annual meeting of the American Psychological Association, San Diego, California.
- Parent, M. C., & Michaels, M. S. (2010, August). *Anabolic-androgenic steroid use: Moderation of relations by sexual orientation*. Poster presentation at the annual meeting of the American Psychological Association, San Diego, California.
- Parent, M. C., & Williamson, J. B. (2010, August). *Program disparities in unmatched internship applicants*. Poster presentation at the annual meeting of the American Psychological Association, San Diego, California.
- Parent, M. C., & Moradi, B. (2009, August). *Validity of the Conformity to Masculine Norms Inventory-46*. Poster presentation at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Parent, M. C., & Moradi, B. (2009, August). *Stereotypes about LGB persons: Domain elucidation*. Poster presentation at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Parent, M. C. (2009, August). *Publishing LGBT research*. In M. C. Parent (Chair), *Publishing LGBT Research*, symposium presentation at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Cheperka, R. A., & Parent, M. C. (2009, August). *Identifying LGBT allies within psychology: An experiential workshop*. Workshop presentation at the 2009 convention of the American Psychological Association, Toronto, Ontario, Canada.
- Parent, M. C., & Moradi, B. (2009, June). *His biceps become him: An application of objectification theory to understanding drive for muscularity and propensity for steroid use in college men*. Poster presentation at the annual meeting of the Canadian Psychological Association, Montreal, Quebec, Canada.
- Parent, M. C., & Moradi, B. (2008, August). *Confirmatory factor analyses of the Conformity to Masculine Norms and Conformity to Feminine Norms Inventories*. Poster presentation at the annual meeting of the American Psychological Association, Boston, Massachusetts.

### **Local**

- Parent, M. C. & Moradi, B. (2008). *Stereotypes about lesbians, gay men, and bisexual men and women: Content elucidation and instrument development*. Poster presentation at the Florida Society for Social Sciences conference, October 2008.
- Parent, M. C., & Moradi, B. (2008). *Construction of the Stereotypes About Lesbians, Gay Men, and Bisexuals Inventory*. Poster presentation at the University of Florida Diversity Affirmation and Awareness Committee Spring poster session, April 2008.

\*\*Indicates an undergraduate student mentee.

**RESEARCH FELLOWSHIPS AND GRANTS:**

Parent (PI) Sept. 2010-Sept. 2012  
Canadian Institutes of Health Research  
*Motivations for anabolic steroid use among noncompetitive weight trainers*  
\$70,000.00, Awarded  
The major goal of this study is to examine precursors of anabolic steroid use and risky use behaviors, including moderation of effects by sexual orientation.

Parent (PI) Sept. 2008-Sept. 2009  
Kinsey Institute for the Scientific Study of Sexuality Student Research Grant  
*Stereotypes about lesbian women, gay men, and bisexual men and women.*  
\$750.00, Awarded  
The major goal of this study is to develop a measure of endorsement of cognitive stereotypes about lesbian women, gay men, and bisexual men and women.

**AWARDS AND HONORS:**

- 2011 Division 17: Society for Counseling Psychology, Supervision and Training Section, Publication of the Year Award
- 2011 Division 51: Society for the Psychological Study of Men and Masculinity Student of the Year
- 2011 Division 17: Society for Counseling Psychology, Section of Lesbian, Gay, Bisexual, and Transgender Issues, Outstanding Graduate Student Award
- 2011 University of Florida Graduate Student Association travel award
- 2011 University of Florida College of Liberal Arts and Sciences travel award
- 2011 University of Florida Department of Psychology travel award
- 2010 Division 44: Society for the Psychological Study of Gay, Lesbian, Bisexual, and Transgender Issues, Malyon-Smith Scholarship
- 2010 Dereck Chiu Counseling Psychology Student Training and Research (STAR) Scholarship
- 2010 American Psychological Association travel award
- 2010 National Institute on Drug Abuse Early Career Researcher travel award
- 2010 University of Florida Department of Psychology travel award
- 2009 University of Florida Graduate Student Association travel award
- 2009 Division 44: Society for the Psychological Study of Gay, Lesbian, Bisexual, and Transgender Issues Task Force on Mentoring Student travel award
- 2009 Division 9: Society for the Psychological Study of Social Issues Diversity travel award
- 2009 Canadian Psychological Association travel award
- 2009 University of Florida Department of Psychology travel award
- 2008 University of Florida Department of Psychology travel award
- 2008 University of Florida Graduate Student Association travel award
- 2008 University of Florida Diversity Affirmation and Awareness Committee (DAAC) Award for outstanding contribution to diversity research and scholarship for poster presentation, Parent, M., & Moradi, B. (2008). *Construction of the Stereotypes about Lesbians, Gay Men, and Bisexuals Inventory* presented at the DAAC Spring poster session, April 2008

2008 University of Florida Outstanding International Student Award  
2007 University of Florida College of Liberal Arts and Sciences Alumni Fellowship

## RESEARCH EXPERIENCE:

### **Research and Lab Assistance**

Research assistant to Bonnie Moradi, Ph.D., September 2007-Present.

Lab coordinator to Bonnie Moradi, Ph.D., September 2008-January 2009.

Research assistant to Wendy Freeman, Ph.D., September 2004-April 2006.

### **Current Research**

Van Arsdale, A., Shaw, T., Miller, P., & Parent, M. C. Polygraph testing for juveniles in outpatient sex offender treatment: An exploratory study. Manuscript under review for publication.

Michaels, M. S.\*\*, Parent, M. C., & Moradi, B. Effects of exposure to objectified images of men on gay and heterosexual men. Manuscript in development.

Parent, M. C., & Moradi, B. Feminine role norms and sexual decision-making in women college students. Data under analysis.

Parent, M. C., & Moradi, B. The Stereotypes About Sexual Minorities Index: The content of cognitions about gay men, lesbians, and bisexuals. Data collection underway.

\*\*Indicates an undergraduate student mentee.

## CONSULTING

Statistics consultant to A. van Arsdale, University of Florida, on her manuscript *Polygraph testing for juveniles in outpatient sex offender treatment: An exploratory study*.

Assisted the data analysis on polygraph data from sex offenders.

Statistics consultant to T. A. Blaser, University of Florida, on her research project *Coordination and reimbursement for patients with autism: Physicians' perspectives*.

Assisted with questionnaire development and conducted analysis conceptualization and analysis training.

Analysis consultant to C. A. Tucker, University of Florida, on her manuscript *Development of the Motivators of and Barriers to Health-Smart Behaviors Inventory*. Assisted with review of statistical analysis.

## TEACHING

*Teaching Assistant for Measurement, Design, and Statistics I (3 credits, Fall 2011)*

This graduate-level course focused on issues in measurement and statistics for applied research. Topics covered included the scientific method, research ethics, analysis, and interpretation of analysis. Duties for this position included holding weekly study sessions, developing homework assignments, and grading homework.

*Instructor for Abnormal Psychology (3 credits, Summer 2010)*

This course focused broadly on issues of psychopathology and treatment. Topics covered in the course included definitions of mental illness and psychopathology, use of the DSM-IV-TR in diagnosis, introduction to psychopharmacology, introduction to empirically-supported therapies, and biological, psychological, and social factors influencing psychopathology. Duties included constructing and delivering lectures, developing

examinations, and grading final papers.

*Instructor for Research Methods in Personality (4 credits, Spring 2010)*

This course was an introduction to research design, measurement and assessment, evaluation of measurement instruments, statistics, analysis procedures, and scientific writing designed specifically for undergraduate students intending to pursue graduate studies in psychology or related professions. Topics covered in the course included the scientific method, research ethics, issues of validity, research design, research logistics, statistical analysis, and interpretation of statistical results. Statistics covered included distributions and central tendency; statistical procedures including correlation, mean comparison, regression (linear and logistic), one-way analyses of variance, mediation, and moderation; power analysis, and reliability calculation. Students enrolled in this class completed literature reviews, designed simple cross-sectional studies, completed IRB approval, and collected data on their topics of interest; data for three of these studies are currently being analyzed in preparation for submission for publication. Duties for this class included running the class lectures and laboratory work, instructing students in the use of analysis software, designing lab homework and accompanying data sets, lecturing on multiple topics, and grading and evaluation.

*Lab instructor for Research Methods in Personality (4 credits, Fall 2009)*

This course was an introduction to basic research design, measurement and assessment, statistics, and analysis procedures. Topics covered in the course included the scientific method, research ethics, issues of validity, research design, research logistics, statistical analysis, and interpretation of statistical results. Statistics covered included distributions and central tendency, simple statistical procedures (correlation, mean comparison, regression, and one-way analyses of variance), power analysis, and reliability calculation. Duties in this class involved running the laboratory portion of the course, instructing students in the use of analysis software, designing lab homework and accompanying data sets, lecturing on multiple topics, and grading and evaluation.

**MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS:**

American Psychological Association (Graduate Student Affiliate)

-APA Division 9 - Society for the Psychological Study of Social Issues (Graduate Student Affiliate)

-APA Division 17 - Counseling Psychology (Graduate Student Affiliate)

-APA Division 38 - Health Psychology (Graduate Student Affiliate)

-APA Division 44 - Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues (Graduate Student Affiliate)

-APA Division 51 - Division for the Psychological Study of Men and Masculinity (Graduate Student Affiliate)

Canadian Psychological Association (Graduate Student Affiliate)

Society for the Scientific Study of Sexuality (Graduate Student Member)

Association for Psychological Science (Graduate Student Member)

Psychology Graduate Student Association, University of Florida

**CLINICAL EXPERIENCE:**

*Advanced Practicum Counselor*, University of Florida Counseling and Wellness Center, May 2011-August 2011

Duties for this practicum included maintaining a clinical caseload of 6-8 clients, engaging in ongoing individual psychotherapy, maintaining case notes, engaging in individual supervision, and participating in clinical team. This practicum also focused on working with male clients across a range of presenting concerns and diversity statuses.

*Psychometrician*, University of Florida Counseling and Wellness Center. January 2010-August 2011.

Duties for this practicum included administration of the WAIS-IV and WIAT-III, scoring of test protocols, integration of cognitive testing results with TOVA results, report writing, and preliminary diagnoses of ADHD or learning disabilities.

*Advanced Practicum Counselor*, University of Florida Counseling and Wellness Center, May 2010-August 2010

Duties for this practicum included maintaining a clinical caseload of 4-7 clients, engaging in ongoing individual psychotherapy, maintaining case notes, engaging in individual supervision, and participating in clinical team.

*Advanced Practicum Counselor*, Malcom Randall Veteran's Administration Hospital, September 2009-September 2010

Duties for this practicum included maintaining a clinical caseload of 4-8 clients, conducting clinical assessment interviews, engaging in ongoing individual and group psychotherapy, maintaining case notes, and engaging in individual supervision.

*Practicum Counselor*, University of Florida Student Counseling Center, September 2008-April 2009

Duties for this practicum included maintaining a clinical caseload of 4-6 clients, engaging in ongoing individual psychotherapy, maintaining case notes, engaging in individual and group supervision, and participating in clinical team.

#### **OUTEACH EXPERIENCE:**

- 2011 STRIVE: Sexual Trauma and Interpersonal Violence tabling at University Orientation.
- 2010 Counseling the Adonis Complex: Treatment of men's body image disturbance. Presentation to clinical staff at the University of Florida Counseling and Wellness Center.
- 2010 Parents' Preview staff. Presentations to parents of incoming University of Florida students.

#### **PROFESSIONAL SERVICE:**

##### ***National***

*Guest editor (with Bonnie Moradi, PhD, and Cirleen DeBlaere, PhD) for a special issue of Sex Roles on intersections of Gender, LGBT, and Racial/Ethnic identities. American Psychological Association of Graduate Students liaison to the Association for Psychology Predoctoral and Internship Centers. September 2010-Present.*

*American Psychological Association of Graduate Students Committee for Lesbian, Gay, Bisexual, and Transgender Concerns*, Subcommittee Chair, August 2010-Present.  
*American Psychological Association of Graduate Students Committee for Lesbian, Gay, Bisexual, and Transgender Concerns*, Committee Member, October 2008-August 2010.  
*Society of Counseling Psychology Awards Committee*, Student Affiliate, August 2008-Present.  
*Psychology of Women Quarterly*, Student Reviewer, March 2009-Present.  
*Psychology of Men & Masculinity*, Student Reviewer, March 2009-Present.  
*Sex Roles: A Journal of Research*, Student Reviewer, July 2009-Present.

### **Local**

*University of Manitoba: Presentation for Psychology Undergraduates: Preparing for Graduate School in the United States*. Presenter, June 2009.  
*University of Florida Pride Student Union Executive Board*, Faculty Representative, September 2008-January 2009.  
*University of Florida Psychology Graduate Student Association*, Treasurer, September 2008-May 2009.  
*University of Manitoba: Presentation for Psychology Undergraduates: Psychology Grad School in the United States?* Presenter, June 2008.  
*University of Florida: Psychology Department Undergraduate Research Symposium*, Judge, April 2008.  
*University of Florida: Research Forum presentation on Finding Funding: How to get your Research Funded*, Presenter, February 2008.  
*University of Florida: Graduate Student Advisory Board*, Counseling Psychology Representative, January 2008-May 2009.  
*University of Florida Diversity Affirmation and Awareness Committee Member*, September 2007-Present.  
*University of Florida: UF Psychology Research Forum*, member, September 2007-May 2007  
*University of Manitoba: UPSA (Undergraduate Psychology Student Association)*, member, September 2005-April 2007.